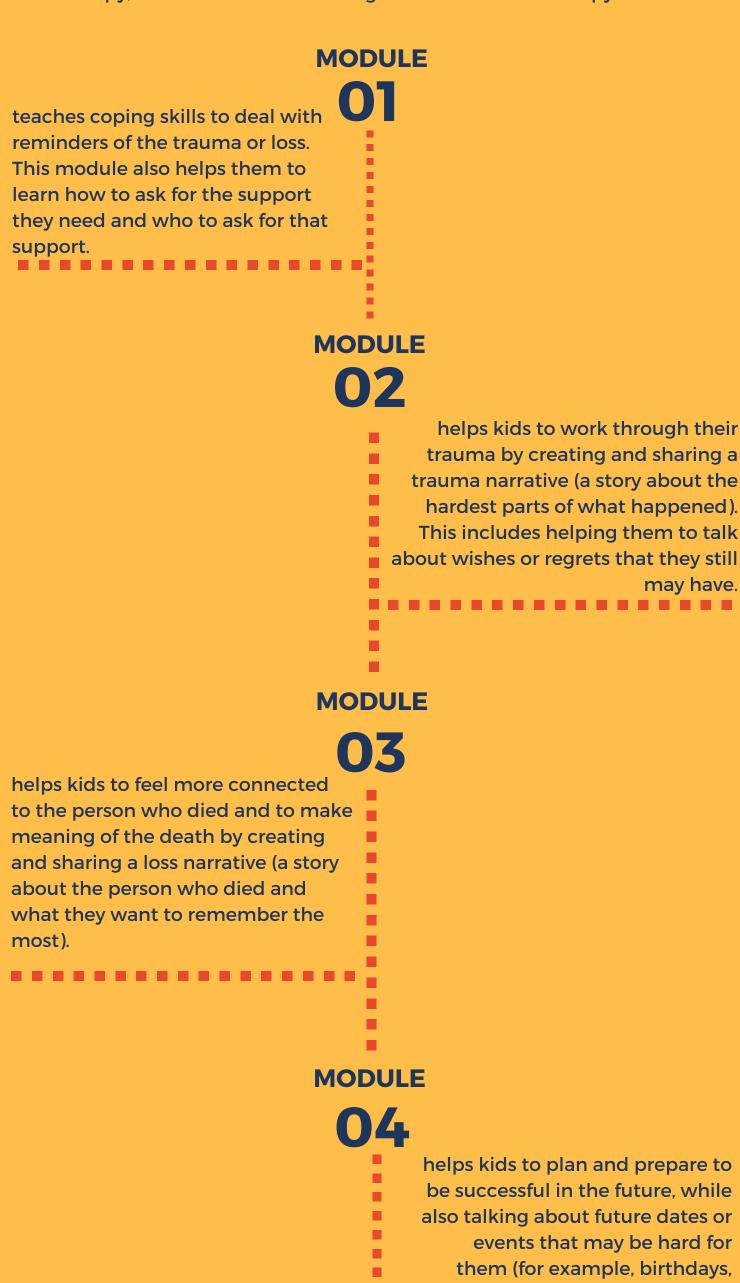
Trauma & Grief Component Therapy (TGCT)

We provide evidence-based risk screening, assessment, and interventions for youth aged 7 to 18 who have experienced traumas and/or losses, including the death of loved ones. We use empirically validated screening tools to ensure that your child receive the most appropriate and effective interventions. Our primary treatments include Trauma and Grief Component Therapy, Multidimensional Grief Therapy, and Trauma-Focused Cognitive Behavioral Therapy.



BENEFITS

- Reduce distress & toxic stress due to loss and trauma
- Expand your capacity to handle stress
- **Promote** Resiliency among adolescents who may have experienced upsetting or frightening events, including losses.
- **Helps** to decrease post-traumatic stress & problematic grieving (grief that keeps kids "stuck") by building coping skills and enhancing social support.

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graduations, etc.).
